

# KMA



# Newsletter

*June 2020 • Issue 01*

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Dear Readers,

2020 was a year that began with a lot of expectations and plans for the association.

COVID-19 pandemic has changed the activities of the association, with many of our annual activities such as the Annual Scientific conference canceled. We have leveraged on use of technology to achieve the associations objectives including holding National Governing Councils meetings online and having online CPD

events. Indeed, the investment the association had made on ICT has paid off. Despite the challenges that COVID-19 has brought, we remain committed to our mission of championing the welfare of doctors and Quality of Health in Kenya.

As part of COVID-19 response, the association has embarked on various activities as you will read in this edition. Among them is formation of KMA COVID-19 advisory committee (KMA-CRAC) which brings together KMA leadership and senior doctors to discuss the country's COVID-19 response. The committee has met weekly and generated various advisories regarding COVID-19 pandemic.

During this period, KMA has partnered with other association to provide COVID-19 training and psychosocial support for health workers. We have received funding from Kenya COVID-19 fund and Equity Group Foundation to further the trainings and run a call centre for the next one year.

This is an election year in KMA and the KMA trust, ICT committee and the National secretariat has been working round the clock to ensure smooth execution of the elections and we are very glad to have delivered the first electronic elections in the history of associations. A Hearty Congratulations to the New KMA National Executive committee members.

The current NEC led by our President, Dr. Jacqueline Kitulu have made tremendous impact in KMA with the KMA name growing bigger each day and the new team has a great place to start from.

This newsletter is evidence of mentorship in KMA as it has been compiled by a team of excellent medical students who are members of Medical Students Associations of Kenya (MSAKE).

Dr Elizabeth Gitau  
KMA CEO



YEAR	CHAIRMAN	SECRETARY	YEAR	CHAIRMAN	SECRETARY
1964	DR. S. D. SWIFT	DR. A. HICKS	1996-1998	DR. R. D. SHAW	DR. I. M. MALINDZA
1965	DR. I. S. NESBITT	DR. A. HICKS	1999-2000	DR. R. D. SHAW	DR. P. K. NDIRIRO
1967	DR. I. S. NESBITT	DR. A. HICKS	2000-2002	DR. I. W. NYIKAL	DR. P. K. NDIRIRO
1968-1969	PROF. J. H. MUNGAI	DR. A. HICKS	2002-2004	DR. I. W. NYIKAL	DR. S. OCHIIL
1970-1971	PROF. J. H. MUNGAI	DR. I. S. NESBITT	2004-2006	DR. S. OCHIIL	DR. S. A. WASSIL
1972	DR. D. WACHMARAE	DR. I. S. NESBITT	2006-2008	DR. S. OCHIIL	DR. ELIZABETH WELLA
1973	DR. D. WACHMARAE	DR. I. S. NESBITT	2008-2010	DR. A. J. SULEH	DR. ELIZABETH WELLA
1974	DR. H. KAMBAR	DR. A. BAGHSHAW	2010-2012	DR. A. J. SULEH	DR. A. WAKALA
1975	DR. H. KAMBAR	DR. W. S. MAINA	2012-2014	DR. E. NYAIM	DR. H. WAN
1976	DR. H. MENTHA	DR. R. D. SHAW	2014-2016	DR. E. NYAIM	PROF. LUKO
1977	DR. H. MENTHA	DR. R. D. SHAW	2016-2018	DR. JACQUELINE KITULU	PROF. LUKO
1978	DR. S. V. ABDULLA	DR. S. V. ABDULLA		DR. JACQUELINE KITULU	DR. SIMON KIMPE
1979	DR. J. A. ALUOCH	DR. J. A. ALUOCH			
1980	DR. J. A. ALUOCH	DR. J. A. ALUOCH			
1981	DR. J. A. ALUOCH	DR. J. A. ALUOCH			
1982	DR. J. A. ALUOCH	DR. J. A. ALUOCH			
1983	DR. J. A. ALUOCH	DR. J. A. ALUOCH			
1984	DR. J. A. ALUOCH	DR. J. A. ALUOCH			
1985	DR. J. A. ALUOCH	DR. J. A. ALUOCH			
1986	DR. J. A. ALUOCH	DR. J. A. ALUOCH			
1987	DR. J. A. ALUOCH	DR. J. A. ALUOCH			
1988-1990	DR. J. A. ALUOCH	DR. J. A. ALUOCH			
1990-1992	DR. J. A. ALUOCH	DR. J. A. ALUOCH			
1992-1996	DR. J. A. ALUOCH	DR. J. A. ALUOCH			

1981	DR. Y. A. ERAJ	DR. M. S. ABDULLA
1982	DR. Y. A. ERAJ	DR. M. S. ABDULLA
1983	DR. Y. A. ERAJ	DR. M. S. ABDULLA
1984	DR. Y. A. ERAJ	DR. M. S. ABDULLA
1985	DR. Y. A. ERAJ	DR. M. S. ABDULLA
1986	DR. Y. A. ERAJ	DR. M. S. ABDULLA
1987	DR. Y. A. ERAJ	DR. M. S. ABDULLA
1988-1990	DR. Y. A. ERAJ	DR. M. S. ABDULLA
1990-1992	DR. Y. A. ERAJ	DR. M. S. ABDULLA
1992-1996	DR. Y. A. ERAJ	DR. M. S. ABDULLA

J. NESBITT	DR. A. HICKS	2000-2002	DR. I. W. NYIKAL	DR. P. K. NDIRIRO
H. MUNGAI	DR. I. S. NESBITT	2002-2004	DR. I. W. NYIKAL	DR. S. OCHIIL
N. MUNGAI	DR. I. S. NESBITT	2004-2006	DR. S. OCHIIL	DR. S. A. WASSIL
WACHMARAE	DR. I. S. NESBITT	2006-2008	DR. S. OCHIIL	DR. ELIZABETH WELLA
WACHMARAE	DR. I. S. NESBITT	2008-2010	DR. A. J. SULEH	DR. ELIZABETH WELLA
H. KAMBAR	DR. A. BAGHSHAW	2010-2012	DR. A. J. SULEH	DR. A. WAKALA
K. SACHDEV	DR. W. S. MAINA	2012-2014	DR. E. NYAIM	DR. H. WAN
I. MENTHA	DR. R. D. SHAW	2014-2016	DR. E. NYAIM	PROF. LUKO
J. O'CRUZ	DR. R. D. SHAW	2016-2018	DR. JACQUELINE KITULU	PROF. LUKO
S. RAO	DR. S. V. ABDULLA		DR. JACQUELINE KITULU	DR. SIMON KIMPE
S. DILLON	DR. N. H. KAMBAR			
T. GIKINDYO	DR. M. S. ABDULLA			
ERAJ	DR. M. S. ABDULLA			
ERAJ	DR. M. S. ABDULLA			
ERAJ	DR. M. S. ABDULLA			
I. O. BWIBO	DR. J. A. ALUOCH			
I. O. BWIBO	DR. J. A. ALUOCH			
S. ABDULLA	DR. J. A. ALUOCH			
S. ABDULLA	DR. J. A. ALUOCH			
ALUOCH	DR. J. A. ALUOCH			
ALUOCH	DR. J. A. ALUOCH			
V. LORE	DR. M. K. ADL			

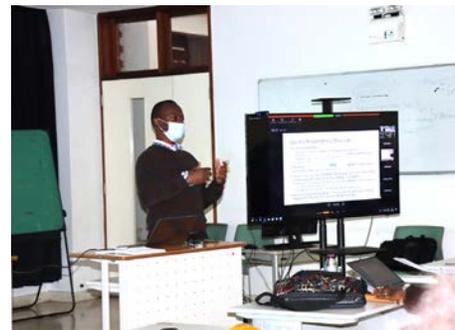
DR. A. HICKS	2000-2002	DR. I. W. NYIKAL	DR. I. W. NYIKAL	DR. P. K. NDIRIRO
DR. J. S. NESBITT	2002-2004	DR. I. W. NYIKAL	DR. S. OCHIIL	DR. S. A. WASSIL
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DR. S. V. ABDULLA		DR. JACQUELINE KITULU		
DR. N. H. KAMBAR				
DR. M. S. ABDULLA				
DR. M. S. ABDULLA				
DR. J. B. PATI				
DR. J. A. ALUOCH				
DR. H. H. KAMBAR				
DR. M. K. ADL				



## The Fight Against COVID-19

**K**MA is leading the fight against COVID-19 pandemic in the country. This has been made possible not only through collaboration with the Ministry of Health (MoH) that allows us to influence policy on response to the pandemic but also our members who are actively involved in the frontlines in fighting this disease. As an association, we believe that to be successful in this fight, our efforts are to be based on science, facts, and evidence. To this end, KMA has invested in COVID-19 trainings for health care workers, keeping in pace with the rapid evolution in best practices.

A collaborative effort between KMA and the MoH saw KMA facilitate a training for KEMRI staff on COVID19. The



training happened from 21<sup>st</sup> to 24<sup>th</sup> April at KEMRI training center, Nairobi. The training was well-attended with about thirty staff on the ground and over two hundred following online. Diverse topics were covered, including:

Overview of COVID-19; management of mild to moderate cases; case definition, surveillance, screening, contact tracing & quarantine; risk communication; documentation; hospital rapid response teams; self-care and coping mechanisms for HCWs among others.



Our online and social media platforms have been instrumental in these trainings. In partnership with the MoH, KMA has made available (online) COVID-19 content that targets all clinicians and other front-line staff working in the country and particularly in the public sector. This content, put together by leading experts aims to:

- Serve as an educational aid and reference material for trainers as well as healthcare workers on the country's response to COVID-19
- Disseminate information and knowledge to health care workers on relevant issues including diagnosis, case management, infection prevention and control as well as data reporting and referral mechanisms
- Standardize care, management and prevention of COVID-19 in the country.

The course includes recorded videos in lecture style, videos of practical skills, as well as downloadable checklists and other resources. To access this material visit [www.kma.co.ke](http://www.kma.co.ke)





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**Avoid shaking hands.**



**Stay at home if you feel ill.**



**Be kind, avoid stigma**



## The Birth of a “Healthcare Workers Wellness Program”: Amidst COVID-19

**Dr. Joy Mugambi, Team Lead and Family Physician**

**W**hen COVID-19 struck the world the number of infections and death toll on health workers worldwide led to a wave of anxiety and fear amongst Kenyan healthcare workers.

Kenya Medical Association realized we had to do something quick to ensure we did not end up with a rise in mental health issues and suicide. The national executive council agreed to start online mental health webinars and seek ways to start out a toll free line for health workers by health workers.

Our first strategy was get a baseline survey going, Dr. Edith Kwobah a renown Psychiatrist, and member KMA in Eldoret had a baseline survey on mental health issues amongst health workers of which we adopted and distributed to members and various healthcare workers associations.

To ensure we had the best professional support we partnered with Kenya

**1** Psychiatrists Association (KPA) and Clinical Psychologist Association of Kenya (CPAK). We have had two psychiatrists Dr Gitau Catherine and Dr David Wairoto who have offered guidance on interventions we can undertake virtually. We were later joined by Elizabeth Khaemba a clinical

Psychologist and her team they have been a great support pillar in provision of psychological interventions to three health workers and webinars.

In the second phase we opted to start with creating awareness on various

**2** mental health issues via virtual webinars. The first webinar could only host one hundred attendees, the session had to be live streamed on YouTube since it was oversubscribed. Subsequently we opted to upgrade and host larger webinars with Facebook Live links in order to reach a larger number of health workers. Our Tuesday webinars have since become very popular with 500 attendees on Zoom and over 2000 views on the live link. Feedback is that the webinars are very informative and touch on key mental health issues. We have held nine (9) webinars which are archived on [YouTube](#) and [Facebook](#).

Phase three was to host a call center with a toll free line, the success of this

**3** has been brought on by partnering with the National Nurses Association of Kenya (NNAK), Kenya Clinical Officers Association, and Kenya Healthcare Professionals Association who had secured hardware from Konza Technopolis. The call center will be run by, KPA, CPAK, mental health Clinical officers and mental health Nurses. We have

mapped out psychiatrists, psychologists, and primary healthcare mental health providers all over the country who will act a referral contacts for health workers who needing individualized care.

Phase four aims to incorporate group virtual Psychological First Aid (PFA)

**4** sessions, relaxation and Meditations activities for those in far off healthcare facilities. We will also undertake further research under the guidance of Prof Lukoye Atwoli to understand how the interventions undertaken are impacting lives of health workers, and success of the program.

To run this wellness project we have worked together as professional associations and managed to secure joint funding from the National Covid19 Fund to the tune of 85million Kenya shillings, the project will run for 12 months and hope to have it self-sustaining at the end. Thanks to our tireless KMA CEO Dr. Elizabeth Gitau who worked hard to institute the health workers partnerships and defended the Wellness proposal till it bore fruits.

For once in the history of healthcare in Kenya we have a health workers mental health and wellbeing program. Thanks to all the team members who have worked tirelessly to bring this to fruition.

ONLINE CME

## ANXIETY IN THE FACE OF COVID19

Tuesday - 14th  
6:30pm - 8:00pm

Zoom Meeting ID: 851 1841 6747  
Password: 055982

**SPEAKERS**  
Dr. Liz Khaemba  
*Clinical Psychologist Chair CPAK*  
Dr. Yvonne Olando  
*Clinical Psychologist*

**MODERATORS**  
Dr. Joy Mugambi  
Dr. Josephine Ohas  
Dr. Somba Kivungu  
*Chair - KMA Physician Health Committee*

3 CPD POINTS

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ONLINE CME

## GENDER-BASED VIOLENCE AND STIGMA DURING COVID19

Tuesday - 19th May 2020  
6:30pm - 8:00pm

**SPEAKER**  
Dr. Jackline Anundo  
*Clinical Psychologist.*

**MODERATORS**  
Dr. David Wairoto  
Dr. Elizabeth Gitau  
Dr. Somba Kivungu  
*Chair - KMA Physician Health Committee*

3 CPD POINTS

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ONLINE WEBINAR

## HIGHLIGHTS ON PSYCHOLOGICAL INTERVENTIONS FOR HEALTHCARE WORKERS

THURSDAY - 4TH JUNE - 6:30PM EAT

**PANELISTS**

- Dr. Catherine Oltew - KPA
- Dr. Liz Khaemba - CPAK
- Tabitha Muteko - NMAK
- Albert Tanyi - KCOA
- Prof Atwell - KMA

**MODERATORS**

- Dr. Joy Mugambi
- Dr. Elizabeth Oltew
- Dr. Somba Kivungu - Chair KMA Physician Health Committee

3 CPD POINTS

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ONLINE CME

## SUBSTANCE ABUSE DURING COVID19 PANDEMIC

Tuesday - 12th May 2020  
6:30pm - 8:00pm

**SPEAKERS**  
Dr Florence Jaguga  
*Psychiatrist MTRH*  
Yvonne Olando  
*Clinical Psychologist  
Lecturer Nairobi University*

**MODERATORS**  
Dr. Ohas Josephine - KMA  
Dr. Catherine Gitau - KPA  
Dr. Somba Kivungu  
*Chair - KMA Physician Health Committee*

3 CPD POINTS

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ONLINE CME

## AM I STRESSED, DISTRESSED OR DEPRESSED? UNDERSTANDING THE DIFFERENCE, KNOWING WHEN TO SEEK HELP!

Tuesday - 5th May 2020  
6:30pm - 8:00pm

**SPEAKERS**  
Dr. Edith Kwobah  
*Consultant psychiatrist, head of mental health -MTRH Eldoret*  
Sophie Muriuki  
*Clinical Psychologist*

**MODERATORS**  
Dr. Ohas Josephine - KMA  
Dr. Catherine Gitau - KPA  
Dr. Somba Kivungu  
*Chair - KMA Physician Health Committee*

3 CPD POINTS

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ONLINE CME

## ADDRESSING CHILDREN'S MENTAL HEALTH AMIDST COVID19 PANDEMIC.

Tuesday - 28th 2020  
6:30pm - 8:00pm

**SPEAKERS**  
Dr. Judy Kamau  
*Child and adolescent psychiatrist*  
Dr. Liz Khaemba  
*Clinical psychologist and chair CPAK*

**MODERATORS**  
Dr. Joy Mugambi  
Dr. David wairoto  
Dr. Somba Kivungu  
*Chair - KMA Physician Health Committee*

3 CPD POINTS

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ONLINE CME

## LOSS AND GRIEF DURING COVID19 PANDEMIC

Tuesday - 26th May 2020  
6:30pm - 8:00pm

Speaker : Dr Catherine Syengo Mutisya  
*Psychiatrist*

**PANELISTS**  
Dr. Liz Khaemba  
Prof. Lukoye Atwoli  
Rachel Maina  
Yvonne Olando  
Eva Nyaga

**MODERATORS**  
Dr. Edith Kwobah  
Dr. Joy Mugambi  
Dr. Somba Kivungu  
*Chair - KMA Physician Health Committee*

3 CPD POINTS

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ONLINE CME

## VICARIOUS TRAUMA AMONG HEALTH CARE WORKERS

Tuesday - 21st 2020  
6:30pm - 8:00pm

Zoom Meeting ID: 875-6185-5486  
Password: 009320

**SPEAKERS**  
Prof. Muthoni Mathai  
*Consultant Psychiatrist*  
Rachel Maina  
*Clinical Psychologist.*

**MODERATORS**  
Dr. Joy Mugambi  
Dr. David Wairoto  
Dr. Josephine Ohas  
Dr. Somba Kivungu  
*Chair - KMA Physician Health Committee*

3 CPD POINTS

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OF KENYA



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## Kenya Health Professionals Equity Foundation Group and Kenya COVID-19 Fund Partnership Launch

**O**n June 19<sup>th</sup> 2020, Kenya Medical Association on behalf of the Health Professional Associations received 85 million Kenyan Shillings from Equity Bank Kenya and Kenya COVID-19 Fund Partnership. This will aid in training over 50,000 healthcare workers trained countrywide and given psychosocial support. The Launch took place at the National Nurses Associations of Kenya grounds at Kenyatta National Hospital.



Kenya Medical Association will implement the program together with National Nurses Association of Kenya, KMPDU, KPA- Kenya, Clinicians Association of Kenya, PSK and other healthcare professional associations.

Front-line public healthcare staff dealing with COVID-19 patients will receive training on case management and the application and use of Personal Protective Equipment (PPE's). They will also receive psychosocial support to help them cope with the daily challenges occasioned by their service in the fight against COVID-19 in the country.

Speaking at the venue, Dr. Jacqueline

Kitulu, Kenya Medical Association President stated that the doctors handle the problems of many individuals, and require psychosocial support because they go through stressful challenges within their work environment.

Mr. Alfred Obengo, Chairman of the National Nurses Association applauded all the partners who came to their assistance at this critical time appreciating the Kenya COVID-19 Fund & Equity Group adding that In the course of delivering much-needed services, healthcare workers are exposed to both physical and emotional challenges posing a threat to their welfare & thus the health care system.

Dr. Chibanzi Mwachonda, Ag. Secretary General KMPDU, applauded the effort by Equity Group, COVID-19 Fund, and all medical professionals associations adding that as a leader in the healthcare sector, they shall all play their part to ensure transparency and accountability of all the resources availed through the partnership.

“The collaboration between Equity Group and all the medical associations has been very fruitful and has brought us to this partnership being launched today”, Prof. Isaac Macharia Chairman Equity Bank Kenya. “It’s a partnership to answer the cry by our medical practitioners; the need for PPE and support to adequately mitigate COVID-19.”

Dr. Evans Kamuri, KNH CEO added that KNH have been humbled by the partnership. They are happy Equity has stepped in to support medical students and medics, even as we serve Kenyans and look forward to working with Equity again in the future.

To support the health system & frontline healthcare workers in mitigating COVID-19, the coalition will follow the Ministry of Health Kenya guidelines developed together with the COVID-19 Case Management Training Program to ensure this training is cascaded to all counties said Dr. James Mwangi, MD & CEO Equity Group, and Executive Chairman of Equity Group Foundation who also chairs the Health Committee of the Kenya COVID-19 Fund Board.

He added Health is not just a physical embodiment but one you carry in your mind all the time. This was not only a great idea, but a blessed idea that has tremendously evolved in the last 2 months a partnership where all the stakeholders and associations were fully aligned, driven by one purpose.

Prof Stephen Kiama, Vice-Chancellor University of Nairobi who was also present applauded Equity Group and all stakeholders for supporting the healthcare practitioners in the fight against Covid-19 adding, “If we all walk together, we shall give Kenyans hope and faith”.

## Improving access to information

*Dr Rowena and Dr Leon*

**U**RAIA is a non-governmental organization that seeks to provide quality civic education and empower the Kenyan population to exercise their civic duties and thus realize their constitutional aspirations. URAIA is keen on teamwork and this is how **KMA-URAIA** partnership came to life in the wake of COVID-19 pandemic.

The directives and information given by the government proved to be somewhat ineffective in that they were not readily understandable by the community. The partnership aims to increase access of information to the public and also making the government directives easy for the ordinary Mwanachi to understand bearing in mind that URAIA has an access to a wide population base. KMA has therefore been working with URAIA to synthesize information and making it palatable to the public. Furthermore, this was a great channel that ensured continuous feedback from the public across Kenya, which reaches the tables of MoH through KMA leadership.

Such a scenario is when the government gave the directive that the home-based care ought to be embraced. The government did not explain to the public the reasons behind the directive and how it may work in combating the

pandemic. The public developed a notion that the government is taking COVID-19 back to the community. In this situation, URAIA will approach KMA to provide the knowledge surrounding COVID-19 Home Based Care. KMA will then give information in a simplified way that is understandable to the public. URAIA can then give the information to the public and even feedback concerning this. URAIA will then give the feedback to KMA which through its advisory committee will communicate with the government on the modifications that can be done in the decision-making process.

### Activities

KMA has been involved in developing communication content in issues such as

- Rights issue for quarantine centres regards to quality of facilities
- Payment procedures, public health measures and the enforcement
- Stigma and COVID-19
- Home-based care
- General mass education on COVID-19

The KMA then have weekly situation rooms where they discuss various matters

with different speakers concerning the real situation at the ground level.

URAIA organizes community outreach activities which serve to give information to the public concerning COVID-19 so that evidence-based knowledge can reach the community in the simplest of ways to cater for all members of the public. These are done through Community Meetings where there is dissemination of printed information and, audio files. The information can also be synthesized into skits and short creative acts in order to ass the information.

### Partnerships

KMA would like to appreciate the efforts of URAIA in the creation of a platform that can be used to disseminate information in light of the pandemic. The KMA will continue to strive to support this partnership in order to combat the disease.

Our other partners include the Kenya National Commission on Human Rights (**KNHRC**) and the Africa Youth Leadership Forum (**AYLF**).



**Kenya Medical Association**

*Championing the Welfare of Doctors and Quality Healthcare in Kenya*





TRANSFORMATIONAL BUSINESS NETWORK



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## Official launch of the Kenya Health Professionals Contact Centre

On Thursday 25<sup>th</sup> June 2020, the Kenya Medical Association National Executive joined the CS Ministry of Information, Communications and Technology Hon. Joe Mucheru & the CAS Ministry of Health Dr Mercy Mwangangi in the Official Launch of the #COVID19 Contact Centre at the Nurses Complex Kenyatta National Hospital Grounds.

The contact center which sits at the National Nurses Association of Kenya (NNAK) headquarters is a partnership between NNAK, Kenya Medical Association, Kenya Clinical Officers Association (KCOA), Kenya Health Professionals Society, Kenya Medical Practitioners, Pharmacists and Dentists Union (KMPDU), Kenya Psychiatric Association, COVID-19 Fund, Equity Bank, Clinical Psychologists Association of Kenya (CPAK) and Kenya COVID-19 Fund. The center will offer psychosocial support to the front-line healthcare workers as well as provide a platform to access information and exchange best practices among the practitioners.

The Covid-19 Contact Centre uses Konza Technopolis Development Authority digital platform to support front line health care workers and for health care innovation in partnership with Ministry of Health, Ministry of ICT and Kenya Hubs Association.

KoTDA CEO Eng. John Tanui speaking at the event said that the Covid-19 Contact Centre is a platform for frontline health care workers to access information, exchange best practices, training, psycho-social support and keep track of disease incidence amongst them.

CS MoICT Kenya Mr. Joe Mucheru said



that the Ministry, through KoTDA, will provide technical support, reliable infrastructure and devices that will be linked to the National Data center located at Konza Technopolis. It will provide information to the public and be a one-stop-shop for Covid-19 related queries.

Speaking during the launch, Cabinet Secretary Ministry of Information Communication Technology (ICT) and Youth, Mr. Joe Mucheru mentioned that following the COVID-19 Pandemic,



health systems have now been challenged more than ever, with health professionals having to deal with the double burden of managing the disease as well as stigma and fear of contracting the disease. "It is in view of the same that KoTDA and other partners have set up this COVID-19 Call Centre," he said.

His counterpart, CAS The Ministry of Health Dr. Mercy Mwangangi said that the ministry appreciates the utilization of innovation and technology in providing solutions to the COVID-19 challenge.

"As a responsible citizen, KoTDA with other partners have set-up a COVID-19 Contact Centre (Call Centre). The call centre platform that can receive calls into the Healthcare Call Centre for Counseling services, enable health care workers see status of their colleagues, deliver faxes & voicemail to inbox, instant messaging, videoconferencing, online meeting and also provide interconnection to all Nationwide Healthcare Facilities and Workers" Eng. John Tanui, the Chief Executive Officer KoTDA.



**KMA** has remained a democratic platform where members have consistently chosen the leaders they want to advance the practice of medicine in the country. This year, the elections were conducted electronically on 26<sup>th</sup> and 27<sup>th</sup> June, and a new team of able leaders was elected to the National Executive Council (NEC).

These are:

The President - Dr. Were Onyino

The Vice-President - Dr. Amos Otara

Secretary General - Dr. Simon Kigundu

Assistant Secretary General - Diana Marion

Treasurer General – Dr. Supa Tunje



The Vice-President Dr. Amos Otara



The President Dr Were Onyino



Secretary General  
Dr Simon Kigundu



Assistant Secretary General  
Dr Diana Marion



Treasurer General  
Dr Supa Tunje

We take this opportunity to congratulate the new NEC members and to wish them well as they steer KMA to the next level. Central to their mandate is our **mission: championing for the welfare of doctors and quality healthcare in Kenya.**

We also would want to deeply appreciate the team that has served in the previous NEC led by Dr. Jacqueline Kitulu. Through their sweat and sacrifice, KMA is where it is today. Asanteni sana!



# Kenya Medical Association

*Championing the Welfare of Doctors and Quality Healthcare in Kenya*



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## Contact Us

Kenya Medical Association | KMA Centre | 4th Floor | Chyulu Road, Upperhill

P.O Box 48502-00100, Nairobi Kenya

[www.kma.co.ke](http://www.kma.co.ke)