



MINISTRY OF HEALTH

COVID 19 QUARANTINE PROTOCOLS

General Information;

In line with the Public Health Act, the Cabinet Secretary in the Ministry of Health has instituted Mandatory Quarantine measures for all incoming international passengers. This document provides the protocols that will be utilised for the management of Quarantine in the Mandatory Government designated Areas and Hotels.

Accommodation

1. All clients should be placed in a well-ventilated single room (i.e., with open windows and an open door).
2. Movement of the clients shall be limited, however clients may be allowed time outside of their rooms to stretch at designated areas in the hotel and coordinated time intervals while maintaining 1 meter social distance. (E.g release clients in groups of 10)
3. We discourage sharing of rooms. Couples are discouraged from sharing rooms, however consideration will be made for parents with children who require guardianship.
4. Hotels are required to submit to the MOH Quarantine Team Leaders the details of all clients booked and the related hotel room nos.(Form attached)

Cleaning of Rooms

1. Cleaning will be the responsibility of the room occupant. The hotel shall facilitate cleaning materials(bucket & mop with bleach disinfectant 1:6 dilution)
2. The room occupant shall request and change of bed linen themselves as need arises. The hotel shall provide fresh linen and buckets with bleach and water
3. The Hotel shall launder the disinfected laundry and wash accordingly

Food Service

1. Guest shall have their meals delivered outside their doors.
2. After meal service the used utensils shall be deposited in bleach solution provided by the hotel.
3. The utensils shall be washed using bleach.

Health Prevention and promotion

1. Hand hygiene should also be performed before eating, after using the toilet and whenever hands look dirty. If hands are not visibly dirty, an alcohol-based hand rub can be used. For visibly dirty hands, use soap and water.
2. When washing hands with soap and water, it is preferable to use disposable paper towels to dry hands. If these are not available, use clean cloth towels (single user).
3. To contain respiratory secretions, the mouth and nose should be covered with a disposable paper tissue when coughing or sneezing. Materials used to cover the mouth and nose should be discarded or cleaned appropriately after use (e.g., wash handkerchiefs using regular soap or detergent and water).

Hotel Staff and Health Workers

1. Health workers and Hotel Staff interacting closely with the client should wear a tightly fitted N95 mask that covers their mouth and nose
2. Remove the mask using the appropriate technique – that is, do not touch the front, but instead untie it. Discard the mask immediately after use and perform hand hygiene.
3. Avoid direct contact with body fluids, particularly oral or respiratory secretions, and stool. Use disposable gloves and a mask when providing oral or respiratory care and when handling stool, urine and other waste. Perform hand hygiene before and after removing gloves and the mask.
5. Hotel staff should ensure dedicated linen and eating utensils for the patient; these items should be cleaned with soap and hot water after use and may be re-used instead of being discarded.

6. Heavy duty gloves and protective clothing (e.g., plastic aprons) should be used when cleaning surfaces or handling clothing or linen soiled with body fluids. Depending on the context, either heavy duty or single-use gloves can be used. After use, heavy duty gloves should be cleaned with soap and water and decontaminated with 0.5% chlorine bleach solution. Perform hand hygiene before and after removing gloves.

Medical Screening and Testing

1. The medical response team shall conduct a daily symptomatic screen, using the hotel phone service or mobile number
2. From the 5th day, lab screening shall be done. A screening will be shared with the Ministry of Health team leads.